

## Villa Amrita Spa Menu

- **Warm Stone Massage (90 min) \$30**  
Begin with a Traditional Balinese massage followed by the application of warm stones. Warm stone massage effectively releases tension, and helps relax body and mind.
- **Balinese Body Massage and Scrub (90 min) \$30**  
This revitalizing treatment starts with a 60-minute aromatic Traditional Balinese Body Massage. It continues with a 20-minute body scrub with a blend of Balinese herbs to remove dead skin cells, promote circulation, and leave your skin feeling soft and supple.
- **Lomi Lomi Massage (60 min) \$20**  
Lomi Lomi translates as “rub-rub” in Hawaiian and reflects the broad, flowing strokes made with the therapist’s fingers, thumb, palm, arm and elbows.
- **Balinese Massage (60 min) \$20**  
A combination of gentle stretching, acupuncture and aromatic oils stimulate and invigorate.
- **Refreshing Facial (60 min) \$20**  
A nurturing ritual using traditional techniques with gentle pressure to refresh the facial skin and leave a radiant glow, followed by a neck, shoulder and hand massage to leave you feeling good all over.
- **Manicure (60 min) \$20**  
Cleaning, cutting and nail polishing followed by a hand massage and scrub.
- **Pedicure (60 min) \$20**  
Cleaning, cutting and nail polishing followed by a hand massage and scrub.
- **Reflexology (60 min) \$20**  
A healing massage that involves the application of pressure to the feet, hands, or ears with specific techniques that correspond to various parts of the body, relieving tension, improving circulation and promoting the body’s natural function.