

ALL DAY BREAKFAST

DELICIOUS HOT OATMEAL 48
rolled oats cooked with a side of fresh coconut milk, Bali Buda's wraps, date and local kenari nut topping and a side of palm syrup.

BANANA PASSION FRUIT STACK 48
our signature homemade banana bread covered with Bali Buda's peanut butter, fresh strawberries, banana and toasted seeds, topped with Bali Buda's passion fruit jam, yogurt on the side.

CASSAVA PANCAKES 48
made from bananas, cassava flour and eggs, then happily topped with palm syrup, caramelized pineapple and fresh lime.
vegan version available

BREAKFAST BOWL 68
a bowl of colorful fresh seasonal fruits, local yogurt, activated almonds and Bali Buda's granola.
vegan & gluten-free version
with Bali Buda's coconut yogurt and roasted seeds

THE ULTIMATE ORGANIC FRUIT SALAD 48
beautiful seasonal, local and organic fruits covered in fresh shredded coconut and activated almonds.

AVOCADO SMASH 78
freshly baked bread with a nutritious covering of smashed ripe avocado, green peas, feta cheese, sprouts, roasted seeds and 2 poached eggs with a side of Bali Buda's sweet sambal.
vegan & gluten-free version
with marinated crispy organic, GMO-free and local tofu, Bali Buda's vegan cheese and gluten-free sunshine loaf.

EGG DISHES

change for organic duck egg +10

TWO EGGS ANY STYLE 40
2 natural eggs served with freshly baked bread

PALEO BREAKFAST PLATE 80
full of good fats and probiotics - 2 eggs your way, beef rashers, avocado, seasonal vegetables and Bali Buda's spiced sauerkraut.

CHEESE & HERBS OMELETTE 49
cheesy herb filling, a side of cheesy herbed crumbs and your choice of fresh baked bread.

BIG MONSTER BREAKFAST 88
great for any time of the day! 2 eggs your style, beef rashers, chicken sausages, grilled tomato and freshly baked bread.

SANDWICHES & WRAPS

Add a slice of bread from our daily fresh selection. Gluten-free options available!

PESTO PROBIOTIC CHICKEN WRAP 60
probiotic chicken mixed with delicious Bali Buda's pesto dressing, bean sprouts & organic salad in Bali Buda's thin red rice wrap.
low-carb version available
with lettuce instead of red rice wrap

CHICKEN CURRY PITA 75
probiotic chicken with special mixture of Bali Buda's mayonnaise, raisins, cashew nuts & fresh organic greens.
low-carb version available
with lettuce instead of pita

GREEN PEA FALAFEL WRAP 60
Bali Buda's thin red rice wrap filled with green pea & chickpea falafel, aubergine & Bali Buda's beetroot hummus.
low-carb version available
with lettuce instead of red rice wrap

GRILLED CHEESE SANDWICH 40
cheddar cheese melted between 2 slices of Bali Buda's toasted brown bread.

BREKKY BURRITO 45
Bali Buda's thin red rice wrap filled with spiced organic, GMO-free and local tofu scramble, Bali Buda's hummus, apple slaw, spiced sauerkraut, salsa & avocado.
low-carb & vegan version available
with lettuce instead of red rice wrap

FRESH SPRING ROLLS 45
a refreshing mix of organic salad & herbs, GMO-free tofu and rice noodles wrapped in rice paper. A mix of both peanut and miso sauce on the side.

SMOOTHIE BOWLS

TUTTI-FRUTTI BOWL 65
seasonal fruits and Bali Buda's coconut yogurt smoothie, topped with fresh fruits, Bali Buda's granola, coconut flakes and black sesame seeds.
vegan & gluten-free version
with roasted seeds instead of granola

SUPERCHARGER BOWL 65
a hearty blend of banana, our Bali Buda's peanut butter, oats, dates and coconut, topped with fresh local fruits and our Bali Buda's granola.
vegan & gluten-free version
with roasted seeds instead of granola

FRESH BAKED BREAD SELECTION

OPTIONS TO CHOOSE FROM:

For dishes that contain bread:

- COUNTRY BREAD
- BROWN BREAD
- SUNSHINE LOAF
- FOCACCIA

Extra 2 slices:

- PLAIN OR CHARCOAL BUN 8/10
- BROWN BREAD 10
- COUNTRY BREAD 10
- FOCACCIA BREAD 10
- REVITA BREAD 12
- SUNSHINE BREAD 12

SALADS

Add a slice of bread from our daily fresh selection. Gluten-free options available!

LEAN GREEN BOWL 65
our ancient grain mix with kale, grilled broccoli, green beans, mixed seeds, goji berries, avocado, grilled coconut and herbed tahini dressing.

EARTH BOWL 65
get grounded with a bowl of earthy colors - roasted pumpkin, sweet potato, carrots, apple, greens, pickled beetroot, Bali Buda's spicy kraut-chi, sprouts and lentils, served with Bali Buda's hummus, sambal and fresh herbs.

TEMPE SALAD 65
sweet and spicy organic tempe on a bed of organic mixed leaves, peppers and tomatoes with Bali Buda's green sambal.

BALI BUDA BOWL 65
a lovely assortment of rainbows - beetroot, carrots, corn, bean spouts, tomatoes, cucumber, sunflower & pumpkin seeds, herbs & organic garden greens

AYOMAYO SALAD 80
probiotic chicken with spiced mayo on a bed of fresh salad with kale, sunflower seeds and pepito seeds.

MIXED GRAIN SALAD WITH POACHED EGG 85
ancient grains, roasted cashews, pumpkin seeds, roasted sweet purple potato, fresh salad, avocado, feta cheese, cumin yogurt dressing and poached egg.

Scan this QR code to access our online menu and our nutrition facts



VEGAN GLUTEN-FREE FIND IT IN OUR SHOP RECOMMENDED

10% government tax (5% service not yet included)

SOUL SOUPS

Add a slice of bread from our daily fresh selection. Gluten-free options available!

SUNSHINE LENTIL STEW 59
warm bowl of lentils, carrot, pumpkin & yogurt.
add brown rice +13

LIGHTLY SPICED PUMPKIN 59
comforting smooth pumpkin, onion, garlic and leek.

RED PEPPER & TOMATO 59
an old time garden favorite of tomatoes, red pepper, onion, garlic and leek.

SUPERFOOD MINISTRONE 59
a healthy addition to the Italian tradition - kidney beans, fresh vegetables, parmesan in Bali Buda's tomato-base.
add quinoa +20

MISO SOUP 59
a Japanese tradition full of enzymes sprinkled with organic, GMO-free and local tofu & mushrooms.

GRATEFUL FOR GREENS 59
a vibrant mix of greens, onion, garlic and leek.

PURPLE SWEET POTATO SOUP 59
local purple sweet potato with a gentle blend of aromatic spices, topped with our Bali Buda's coconut yogurt & served with a side of herbed smashed peas.

BALI BUDA MAINS

GOURMET BURGER
a scrumptious best-seller! Healthy homemade probiotic chicken / red bean patty, topped with mayonnaise and served with a side of organic salad or homemade fries

choose your patty:
CHICKEN PATTY 72
RED BEAN PATTY 65

choose your bun:
WHEAT BUN
our homemade classic bun

CHARCOAL WHEAT BUN
our homemade bun with a twist of charcoal for maximum health benefits

LETTUCE WRAP
low-carb, vegan and gluten-free option!

ALMOND BUN +32
a delicious nutty recipe for a gluten free option

BIRIMBAT

our version of the Korean favorite; brown rice, sauteed spinach, zucchini, carrots, button mushrooms, sprouts, egg and beef rasher, served with Bali Buda's spicy kraut-chi and hot sambal.
vegan version +10
with crispy marinated tofu and coconut chips
low-carb version +10
change rice for cauliflower rice

BALI BUDA TACOS 65
a super refreshing light meal of hard shell tacos with refined beans, fresh veggies, salsa, cheddar and yogurt.
low-carb version
change corn shells for lettuce

PROBIOTIC GRILLED CHICKEN PLATE 75
Our probiotic chicken breast with a side of fresh salad.

INDONESIAN TRADITIONALS
SOTO AYAM 75
One of the many versions of Indonesian chicken soup - this is our favorite! Shredded probiotic chicken, egg, special spices & a dash of coconut milk.
add rice or egg noodles for the real deal! +13

VEGAN NASI CAMPUR 55
traditional Balinese style and very fulfilling. Rice surrounded with shredded grilled coconut, sprouts & greens, tasty organic, GMO-free and local tofu mix & sambal matah.
low-carb version +10
change rice for cauliflower rice

VEGETARIAN NASI GORENG 50
stir fried brown rice with organic, GMO-free and local tofu & veggies. A special vegetable satay & fried egg on top with a side of Bali Buda's sambal.
low-carb version +10
change rice for cauliflower rice

GADO-GADO 55
simply fresh steamed vegetables with a mild spicy peanut sauce on the side
add rice cake +13

TOFU & CASHW CURRY 75
brown rice surrounded by GMO-free tofu, freshly stir-fried veggies, chickpeas and crunchy cashews all in a mild curry and a dollop of raita
low-carb version +10
change rice for cauliflower rice

LALAPAN 75
local classic using our probiotic chicken, infused with a blend of spices and fried. Served with your choice of rice and Bali Buda's sambal, or hand-cut fries and mayo

PASTA

HOMEMADE PASTA
choose your pasta:

FETTUCCHINE / SPAGHETTI
the classic wheat flour and fresh egg pasta

ZUCCHINI NOODLES
low-carb, vegan and gluten-free option!

choose your sauce:
POMODORE SALSA 79
an Italian mother's special tomato sauce recipe, with great pasta

ZESTY PESTO 79
fresh basil, EV olive oil, garlic, parmesan and bits of roasted cashew topping

ULTIMATE MAC 'N' CHEESE 79
a whole lot of feel-good carbs. Creamy macaroni, served with cheesy herbed crumbs and a side of crunchy coleslaw

VEGETARIAN LASAGNA 79
Bali Buda's pasta with fresh vegetables and 1, baked into delicious goodness

SCRUMPTIOUS PUMPKIN RAVIOLI 70
delicious Bali Buda's pumpkin ravioli in herbed butter, comforting and simple

PIZZA
classic wheat flour pizza dough

MARGHERITA 80
parmesan, mozzarella, oregano and olive oil.

PEPPERONI 95
mozzarella, beef pepperoni and parmesan.

FONDUE 95
parmesan, mozzarella, feta cheese and cream.

SPINACH 95
mozzarella, spinach, feta cheese, onion, kalamata olives and parmesan.

BBQ PROBIOTIC JUNGLE CHICKEN 98
BBQ sauce, parmesan, pineapple and probiotic chicken.



EXTRAS

PROTEINS

- organic chicken egg 10
- organic duck egg 13
- beef rasher 20
- chicken sausage 20
- probiotic grilled / fried chicken 45
- falafel 15

VEGAN ALTERNATIVES

- marinated crispy organic, GMO-free, local tofu 24
- organic, GMO-free and local tofu & tempe your way: steamed / grilled / fried 24
- sweet & spicy organic, GMO-free, local tempe 24
- coconut yogurt 20
- vegan cheddar 20
- vegan mayonnaise 20

CARBS

- pumpkin bread (2 slices) 12
- banana bread (2 slices) 12
- almond bun 32
- Turkish pide 8
- organic white rice 13
- organic brown rice 13
- organic red rice 13
- ketupat (brown rice in banana leaves) 13
- cauliflower rice 8
- taco shell (corn tortilla) (1 pc) 8
- sundried tomato 20
- quinoa grain 20
- baked organic sweet potato 20
- roasted pumpkin 20
- french fries 22
- egg noodles 13
- rice noodles 13
- zucchini noodles 20
- spaghetti 22
- fettuccine 22
- herbed smashed peas 20
- crunchy coleslaw 20
- homemade granola 20
- fresh seasonal fruits 20
- vegetables your way: steamed / grilled 20

FATS

- avocado (sliced or smashed) 20
- extra virgin olive oil (1 tbsp) 20
- butter 20

DAIRY

- cheddar 20
- mozzarella 20
- feta 20
- parmesan 20
- yogurt 20

SPREADS & CONDIMENTS

- aubergine 20
- fresh Mexican salsa 20
- guacamole 20
- hummus 20
- roasted beetroot hummus 20
- Bali spiced sauerkraut 20
- spicy kraut-chi 20
- hot sambal 20
- sweet sambal 20
- green sambal 20
- sambal matah 20
- peanut sauce 20
- tahini dressing 20
- tzatziki 20
- peanut butter 20
- tropical passion fruit jam 20
- chocnut spread 20
- cream cheese - choose from: plain, garlic and sundried tomato 20

FOR DIPPING & CRUNCHING

- bagel chips 10
- sweet potato chips - choose from: yellow and purple 10
- cassava chips 10
- pizza cracker 10
- curry & flaxseed cracker 10
- pumpkin & carrot cracker 10

SUPERFOODS

- raw ground cacao beans 20
- chia seeds 20
- ground flaxseed 20
- spirulina powder 20
- turmeric powder 20

VEGAN DELIGHTS

- raw chocolate pudding pie 35
- energy ball - choose from: fruity spirulina, minty spirulina, cardamom, pineapple goji berry, no bake chocolate brownie, peanut butter 25

FROM OUR BAKERY

- bagel - choose from: plain, garlic or multigrain 25
- muffin - choose from: blueberry, banana & almond, feta & spinach 30
- sticky cinnamon roll 35
- samosa - choose from: cheese and vegetable 30
- quiche - choose from: cheese, beef rasher and sundried tomato 35
- soft pretzel 19
- Spanish potato pie slice 29
- mini calzone 29

CAKES & PIES

- nuts & chocolate bar 35
- carrot cake 35
- apple crumble pie 35
- cashew caramel pie 35
- chocolate mousse cake 35
- super chocolate brownie 25
- no bake cheese cake 55
- chocolate mud cake 35
- superfood chocolate dream cake 35
- strawberry caramel fudge tart 35
- vegan lemon tart 35
- coconut passion fruit pie 25
- butterscotch bar 25
- ubi cilembu sweet potato pie 35

